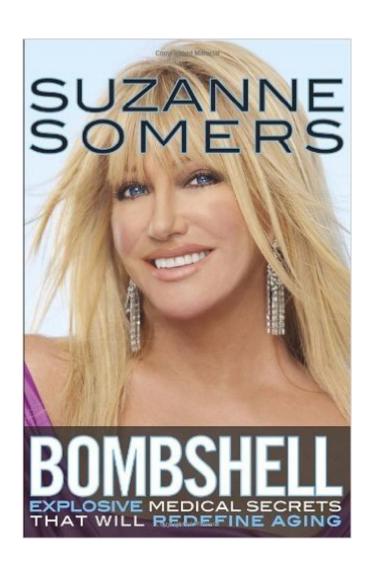
## The book was found

# Bombshell: Explosive Medical Secrets That Will Redefine Aging





## Synopsis

Are you ready to rethink and redefine your approach to aging? This powerhouse book tells you how to go from dreading it to making it the greatest passage of your life! Dubbed a health pioneer by the Wall Street Journal and called a œcrazy smarta • by Dr. Mehmet Oz, Suzanne Somers has repeatedly opened up new terrain to health seekers worldwide. And now, with Bombshell, she does it again. Acting like your personal medical detective, she has found the most advanced scientists, doctors, and health professionals and gotten them to share jaw-dropping advances that will stop deterioration and set you on the path to restoration and healthy longevity. By taking advantage of these new bombshell advancements, you can live longer than ever with great quality of life, and experience a different way to age: with great health, strong bones, vitality, a working brain, and sizzling sexuality. All of it is yours for the taking if you are willing to make some simple, effective changes. In Bombshell you will learn about explosive medical secrets utilizing the groundbreaking technologies of today, or the very near future, that will allow us all to truly maintain the fountain of youth, including: ⠢Â How nanobots, small â œrobotsâ • the size of blood cells, will be injected into the human bloodstream to clean the blood supply and literally wipe out todayâ ™s most feared diseases Â ⠢Â How stem cell procedures, using oneâ TMs own adult stem cells, can be used to prevent disease and even regrow body parts; including how Suzanneâ ™s breast was reconstructed after cancer with no implant in the first clinical trial of its kind in the United States  $\hat{A}$   $\hat{A}$   $\hat{A}$   $\hat{A}$   $\hat{C}$   $\hat{C}$  How balancing hormones with bioidentical hormone replacement therapy can improve your internal health, well-being, vitality, looks, and sex drive Â ⠢Â How the â œcureâ • to cancer might be just around the corner by preventing it at the source with injections of human, cancer-resistant white blood cells Â ⠢Â How a supplement to regrow telomeres at a cellular level will restore the human body to a younger internal age and reverse signs of aging such as disease, baldness, wrinkles, and loss of hearing and eyesight. And itâ ™s available now! One after another, she shares the breakthroughs that you can use today to keep you in top shape so you can embrace the near future and all it will have to offer.

### **Book Information**

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Health > General

### Customer Reviews

I've always been fascinated and intrigued by Suzanne Somers' books. While definitely controversial, you have to hand it to Suzanne for pushing the envelope when it comes to aging, beauty, and health. Like in her previous books, Suzanne compiles the absolute newest medical treatments and theories to challenge the current dogma about aging and medicine. Her ideas, though supported by various experts (including many highly qualified physicians), are no doubt controversial and might even be considered dangerous by some. But as a real, practicing physician, I would argue that we need Suzanne Somers. In this book she encourages, even pushes, the medical community to rethink its current stances on many common diseases. Testosterone for prostate cancer? Vitamin K supplements to prevent heart attacks? Injections of White Blood Cells to prevent cancer? She even reveals some her own most intimate medical secrets, including being one of the first women in the United States to undergo an experimental stem cell procedure for reconstructing her breast that was removed for breast cancer. She took it upon herself to obtain the necessary FDA clearance and flew a Japanese surgeon to the State to perform the surgery. Talk about being driven! The conversations and questions that Suzanne poses in her book are necessary and interesting. I commend her on doing her due diligence in researching the arena of aging and disease. It is truly a fascinating read for everyone. Before considering any of these treatments, though, it is extremely important to discuss them with your physician. Whether one believes in the secrets she espouses in this book or not, we can all agree that Suzanne looks amazing. Can you believe she's in her 60's? A nice companion for this book is Dr.

We have to remember that Suzanne Summers has so much money at her disposal. The rest of us don't. Many of the things she writes about you can find on Dr. Hyman and Dr Mercola's websites, and we have to realize that she obviously has had botox; she is taking hormones, and hormones alone can keep you young. I do believe in vitamins, but vitamins alone won't give your face that kind

of look - it is NOT natural. There is nothing wrong with botex as half the world uses it. The doctors that Suzanne Summers uses is are also super expensive, and the majority of gynecologists and endocrinologists will not automatically prescribe bioidentical hormones, because they will test you and say you are in the "normal" range for someone in menopause (but that is not the case). Beware if you have high blood pressure or heart and previous cancers. They just won't give it to you when, in fact, the hormones can actually reduce blood pressure and cholesterol. Many doctors are ignorant about this, and as I said, the ones that WiLL prescribe them will easily charge \$1500-2000 for a first time visit. Then add on the hormone replacement and follow-up visits, and you are talking big bucks. If you want great skin, use old-fashioned olive oil or coconut oil, it keeps the skin young. Use tumeric spice on everything, take Co Q10, garlic, asthazanthin, omega 3's, I-carnitine, niacin and benecol chews (for cholesterol), vit D3 (be tested for your levels first), magnesium (key!) and if you have acid reflux take super bromelain and betaine hcl with pepsin. It does the same thing as prevacid, prilosec and other acid blockers without all the side effects. I did my own research and I'm my own advocate, and I believe that's what everyone must do - advocate for themselves.

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